



Healthy Foods

Healthy foods and healthy eating habits at Southeast Collegiate foster positive growth and development in Youth. Therefore, SEC must model healthy eating habits by creating an environment that promotes nutritious food choices .

The Director of Operations in partnership with the Chef Supervisor will ensure that well balanced, delicious meals are served daily. That fat and sugar contents of food are taken into consideration when determining meal choices.

That students be informed on what choices are available to them, to make healthy food choices.

Adoption Date: August 21/12	Revision Date:
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