



*"It's not about a high school education,
it's about the future of a people"*

1269 Lee Blvd
Winnipeg, MB
R3T 5W8

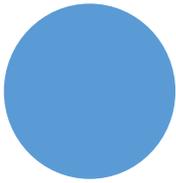
Ph. (204) 261-3551

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Website: www.southeastcollegiate.ca

Email: secinfo@sec.education





Mission Statement

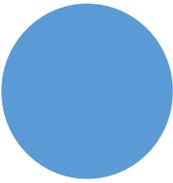
Southeast Collegiate provides community driven education by engaging our leaders of tomorrow mentally, emotionally, spiritually and physically.



Vision Statement

Southeast Collegiate's students are the heart of everything we do, experiencing education that positively impacts their future.





Administration

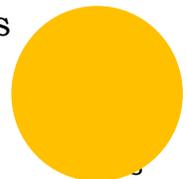


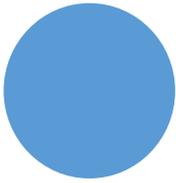
Sheryl McCorrister

Director/Principal

Marlene Waterston

Director of Operations





School Information



Credits:

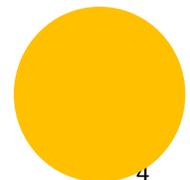
Full credit courses run for the duration of the whole semester.

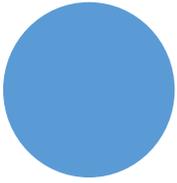
Half credit courses run for only 1 term in 1 semester.

For each semester, students are enrolled into 4 full time courses. At the end of Term 1, all students write a midterm exam. Interim reports are then mailed out including the midterm exam mark, so both parents and students have an idea of their academic standing (so they can make improvements if needed).

Semester System:

Each school year is divided into 2 semesters. Each semester has 2 terms. Final exams are held at the end of each semester.





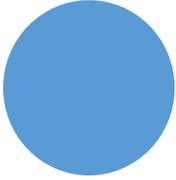
Admission

Our application is an in-depth document that addresses many important waivers and permissions that allow students to take advantage of everything SEC has to offer. Please note that applicants who are 18+ years old still require a parent/guardian to sign the application forms. SEC does not offer grade 9 courses, and therefore they are a direct requirement for admission. Transcripts must accompany the application of all new students wishing to attend Southeast. The following course list depicts the mandatory grade 9 credit requirements for entry to attend Southeast Collegiate.

- English — 1 credit**
- Math — 1 credit**
- Science — 1 credit**
- Social Studies — 1 credit**
- Physical Education — 1 credit**
- Electives — 3 credits**

Applications can be obtained through band offices, home school coordinators, and via our website at www.southeastcollegiate.ca. Students who attended SEC for the previous year do not need to submit a current transcript (as it resides with us at SEC). However, students must still submit a new application form each year to ensure all waiver forms are current and up to date.





Graduation Requirements

Manitoba Education requires that students complete a minimum of 30 credit hours to achieve a high-school diploma. The following is a list of all the mandatory credits that must be fulfilled:

Grade 9

- English — 1 credit
- Math — 1 credit
- Science — 1 credit
- Social Studies — 1 credit
- Physical Ed — 1 credit
- Electives — 3 credits

Grade 11

- English — 1 credit
- Math — 1 credit
- Social Studies — 1 credit
- Physical Ed — 1 credit
- Electives — 4 credits

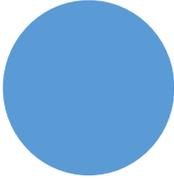
Grade 10

- English — 1 credit
- Math — 1 credit
- Science — 1 credit
- Social Studies — 1 credit
- Physical Ed — 1 credit
- Electives — 3 credits

Grade 12

- English — 1 credit
- Math — 1 credit
- Physical Ed — 1 credit
- Electives — 3 credits





Travel Arrangements

Appointments

All medical and dental appointments are organized by the Lodge. Transportation to and from appointments are provided by SEC. SEC is able to accommodate and arrange transportation for

specialty appointments given that parents provide correct and up to date information. Waivers for these appointments are signed as part of the application process.

Travel

Students are provided with **2** paid trips home a year. This includes Christmas Break and Spring Break. All travel arrangements are made by Student Services. Southeast Collegiate is not responsible for any other trips home. SEC is also not responsible for excess student baggage.

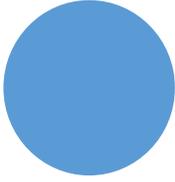
Luggage Capacity:

Perimeter—60lbs

Northway—50lbs

Amik—50lbs





Welcome Packages

School Supplies

Students receive all school supplies needed to be successful academically. Starter packages include binders, dividers, pens, and pencils. Students must ask their teacher for supplies when they run out.

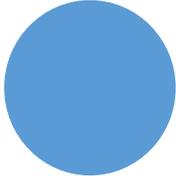
Personal Items

SEC provides a welcome package at the start of each year. It includes many personal hygiene items: deodorant, shampoo, conditioner, toothpaste, toothbrush, body wash, comb, face cloth and shower sandals. SEC also provides linens: fitted sheet, flat sheets, blankets, bed spreads, pillow case, towel, and a pillow to keep at the end of the year. The linens are property of SEC and must be returned before departure from SEC.

School Pictures

Student photo's are taken by SEC at the beginning of the year. They are used for identification purposes, yearbook photos, as well as ID for the Go Cards that SEC provides.





SEC Services

Go Cards

SEC students are given a Go Card ID which allows them to use reduced fair or tokens on Winnipeg Transit. Tokens are given out on the weekend (2 per weekend) and students also have the potential to earn 2 additional tokens with their allowance by following student expectations.

Newsletter

SEC distributes a monthly newsletter to inform parents about recent and upcoming events, important dates, and report cards.

Laundry

Students are responsible for doing their own laundry. There is laundry facilities in both male and female wings of the Lodge. Students are responsible for their own clothing and SEC will not be held liable for lost, stolen or damaged articles.

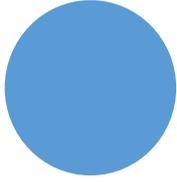
Wi-Fi

Wi-Fi is accessible at all times throughout the school and lodge.

Allowance

Students who embody SEC expectations can earn weekly gift cards (\$10) and extra bus tokens. Allowance ties directly into behavior and academic attendance. We offer the following options:





SEC Services



Lockers

Students are assigned lockers to use during the school year.

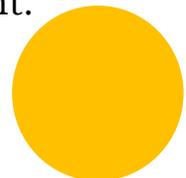
Students will be issued a combination lock and are discouraged from sharing their combination with classmates as SEC cannot assume responsibility for the loss of personal property or school supplies missing from their lockers.

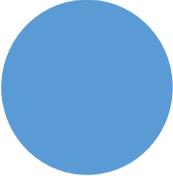
Lost & Found

SEC has a designated areas for the lost and found. Lost items can be located at the School Office with the receptionist. At the end of the school year, all unclaimed items will be donated to charity.

Haircuts

Every 6 weeks, SEC PCH rents out their hair salon to us to be able to provide haircuts to students attending SEC. Appointments can be booked through our Lodge Admin Assistant.





Kitchen Services



The kitchen staff are always working hard to serve up delicious meals! The three week meal rotation changes every three months to change things up! The daily menu is posted outside the kitchen each morning, followed by calorie allotment and the salad of the day. Each evening they also provide the students with snacks. The kitchen serves food during the following hours:

Weekends/Holidays

Brunch—10:30am-12:30pm

Supper—4:00pm-5:30pm

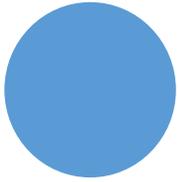
Monday-Friday

Breakfast—7:30am-8:45am

Lunch—11:40am-12:40pm

Supper—4:00pm-5:30pm



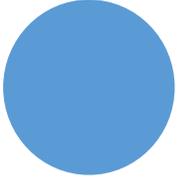


The Grand Hall



The Grand Hall is the central hub at SEC. Students and staff gather together to eat delicious meals served by the kitchen staff. Students also use the grand hall for activities, student meetings, and just an extra space to hang-out. The Grand Hall also overlooks the gym's big glass windows, and makes the perfect spot to spectate the various sports offered at SEC.





Joe Malcolm Gymnasium



Joe Malcolm has been a part of the SERDC Tribal Council since 1979. There are not enough words to describe the kind of man Joe was. It was Joe's vision to open a brand new School before his passing. In memoriam, the brand new gymnasium was unveiled to his close family, and SEC will continue to honor Joe's name and legacy.
He will not be forgotten.



Weight Room



SEC's Lodge houses our brand new weight room!

The weight room is opened daily from 7:00am to 9:00pm. Students wishing to exercise during their lunch breaks are encouraged to use the open gymnasium. Students wishing to utilize the weight room must first attend a safety orientation.

Equipment Features:

Medicine balls, free-hand weights, treadmills, exercise bikes, punching bag, speed bag, exercise balls and mats for stretching!



Extra-Curricular



- Athletics
- Life-Skills
- Vision Quests/Ventures
- Virtual High School Courses
 - Community Service
 - Cultural Exploration
 - Game night
 - Film Club
 - Photography Club



Physical Education



The Physical Education Teacher runs various sport activities throughout the year, and encourages all students to join in!

- Basketball
- Volleyball
- Badminton
- Soccer
- Cross-Country
- Track & Field
- Dragon Boat
- Fitness & Dance Classes (occasional)

Recreation



SEC's recreation team is responsible for coordinating and planning all of the fun events and activities for the students listed below:

Holiday Specific decorating/games

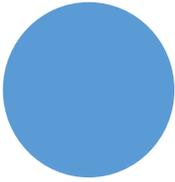
(Halloween, Valentine's day, Christmas etc.)

Museums — Camp Arnes — Movie Nights
Escape Rooms — Laser Tag — Haunted Houses
A Maze in Corn — Paint Nights — Mini Golf
Mall Days — Store Runs — Flying Squirrel
Virtual Reality Games — Swimming
Open gymnasium (3:30pm to 10:00pm)
WASAC (Winnipeg Aboriginal Sport Achievement Centre)

Recreational Firepit



The recreational fire pit is used throughout the year for a variety of reasons. Teachers may also utilize the area as part of their classroom teachings. Recreation staff has plans events around the fire, such as storytelling, hot dog roasts, and classic smores.

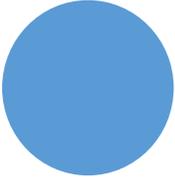


Common Area



The Student Common Area provides a central area for all students to mingle! It is equipped with two brand new pool tables and accessories, fridge, microwave, phones, tables/desks, lounge chairs, vending machines, and access to the outside courtyard.





Courtyard



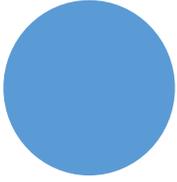
Our brand new courtyard features a full length basketball court as well as two tetherball areas. During the evenings, the courtyard is fully lit with LED lights for the safety of all students. The courtyard is overlooked by the gym, so students wishing to play outside for free time may do so. The courtyard lights shut off automatically at curfew so that the lights do not penetrate the dorm rooms at night.



Sacred Ceremonial Fire Pit



Our sacred ceremonial fire pit is very close to our hearts. During our grand opening we had our esteemed guest Jimmy Bruce light the fire. During gatherings the fire is lit and kept burning to act as a beacon for the spirits, and provides a place for making offerings and quiet reflections.



Lounge



Welcome to the Third Floor Lounge! The lodge has a space dedicated for student entertainment. The room has a TV with cable and Netflix, as well as lounge chairs, couches, ottomans, tables, and student phones. It is the perfect co-ed place to gather and hangout!





Dorm Rooms



Our dorm rooms are equipped with two brand new, single sized, pillow topped mattresses. The beds are raised to provide additional storage underneath. Each student gets their own closet, desk, and chair to utilize as they wish. All of the dorm rooms have black-out roller shades for those students who like complete darkness to sleep. As a bonus, most of the south-facing dorm rooms have a nice view of the large duck pond. Each room also has their own thermostat for optimal comfort.



Washrooms



All of our washrooms here at SEC have floor-to-ceiling privacy walls. Each stall locks to reveal an “occupied” sign so that others know that it is in use. The lodge has 3 floors, and each floor is separated into male and female corridors. Each floor corridor has 3 regular stalls, and 1 handicapped stall. Behind our 7 sinks, there are oversized mirrors that run the length of the washroom corridor for easy viewing. The washrooms located within the school have the same set-up, and can be found on all floors.

Showers



All of our shower stalls also have floor-to-ceiling privacy walls, and are located solely in the lodge. Each shower stall locks to reveal an “occupied” sign so that others know that it is in use. Each dorm wing has 3 regular stalls, and 1 over-sized handicapped stall. All shower stalls are equipped with a fold-down sitting bench, towel bar, garbage can, and adjustable light-timer. The shower stalls are cleaned by the night staff to ensure our high levels of cleanliness are maintained.



Chores



Things to Do

Each student is responsible for ensuring their room is cleaned, as well as any assigned chores for that day. The chore list is posted daily by 6:00pm, and students have until 9:00pm to complete their assigned tasks. Each floor has 9 chores to be completed, and is rotated between the 24+ students on each wing. There will be days where your only chore is to ensure your room is tidy! Dorm rooms are also “deep cleaned” by students on Mondays and Thursdays. By completing assigned chores on time, students earn their allowance! Some examples of chores that can be assigned are:

- Sweep & mop washroom floors
 - Clean washroom sinks & showers
 - Sweep & mop laundry rooms
 - Disinfect door handles
 - Spot wash corridor walls
- 

Medication Administration



SEC prides itself on the ability to provide sound medical processes to ensure students take their prescribed medication(s) accordingly. When students bring medication from home or when it has been prescribed by a physician, SEC records all information and calls home to parents/guardians and obtains permission before

administering any medications. If consent is obtained, staff must sign a daily record of medication for each student. These sheets can be viewed by parents/guardians if they wish to see them at any time. There is also a medication fridge in the male/female offices, where staff can store medications that need to be refrigerated such as insulin, oral antibiotic suspensions, and nasal sprays if needed.

Computer Labs & Laptop Cart



Here at SEC we have two computer labs that have a combined 45 computers for students to access. One computer lab is a classroom, but can be utilized by students during breaks, and during 3:30pm-4:30pm. Classroom teachers can also book the other computer lab, or the laptop cart. The laptop cart features 20 brand new HP laptops available for student use.

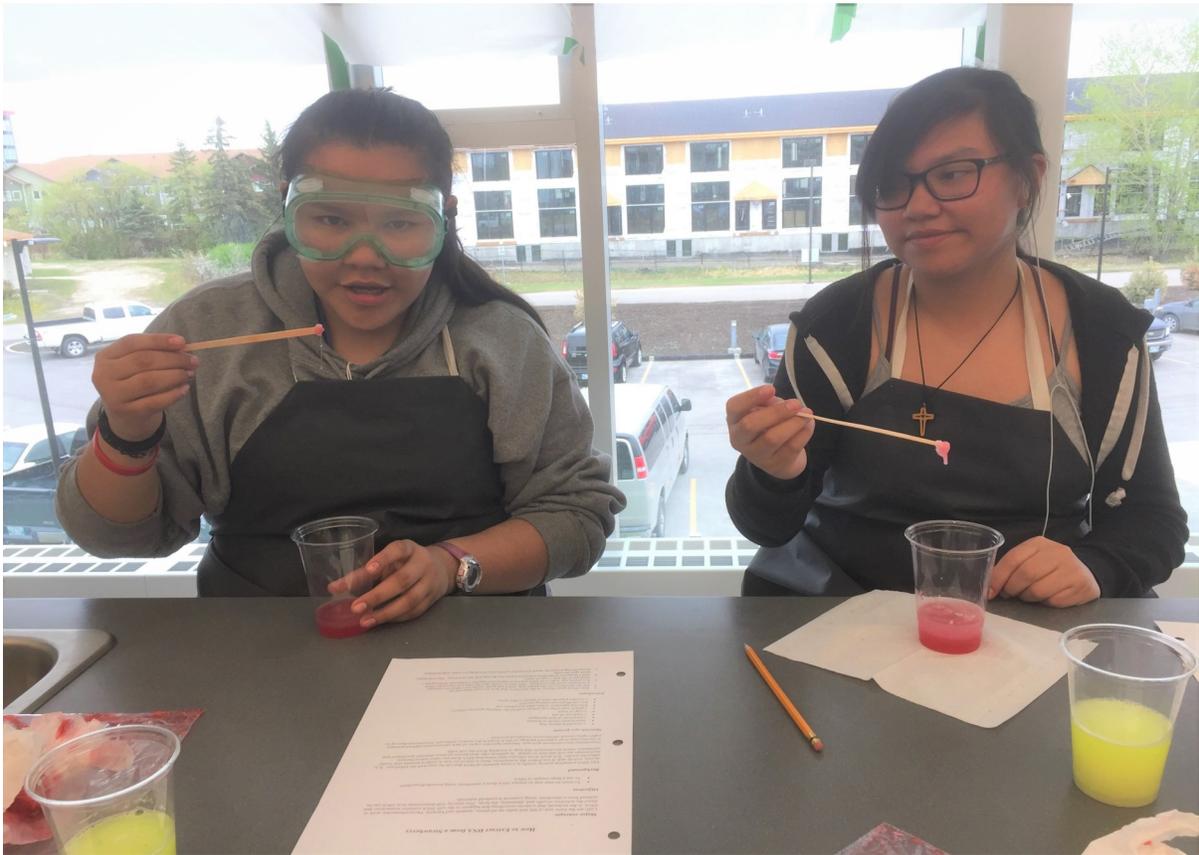
Electives — Chemistry



30S Chemistry—Students will learn about chemical reactions through theory, interactive labs, and chemical experiments. Students can also expect to learn about gas laws, phases of matter, and organic chemistry.

40S Chemistry—Students will take an in-depth look at titration, and understand complex chemical reactions. They will gain knowledge of acids and bases, and be able to correctly calculate chemical equations.

Electives — Biology



30S Biology—Students taking this course can expect to take a look at the inner workings of the different body systems. With this learned knowledge of body functions, students will be dissecting a pig heart to look at a real model and tie things together. Students will also learn about osmosis, and perform dialysis labs.

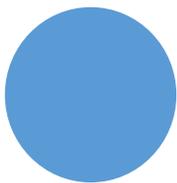
40S Biology—Students will take an in-depth look at DNA analysis. They will learn what makes up DNA, how it is replicated, and the different functions it performs. With this knowledge, students will be able to extract and examine strawberry DNA in an interactive lab.

Electives — Power Mechanics



10G/20G/30G/40G Power Mechanics

From the beginning of the program to the end, the focus of this course is to understand how automobiles and powered vehicles work. Students will get an introduction to using common and specialty disassembly/assembly tools and diagnostic tools to aid in repairing, testing, and adjusting parts and components on vehicles and engines. Students in these courses will gain valuable hands on practical experience utilizing their theory knowledge learned in class. At the end of the class, students will be able to perform tire and oil changes, safe hoist and shop practices, and be able to disassemble/reassemble small engines and car engines.

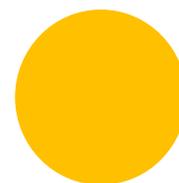


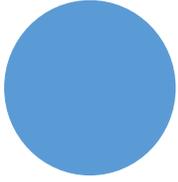
Electives — Arts



20S Textile Arts & Design—Students explore basic knowledge and skills required to design and create textile products. They will use hand stitching, sewing machines, and beading design techniques to explore creativity. The inspiration for this class is aboriginal culture and art.

30S Textile Arts & Design—Students will build on knowledge learned in the 20S course, and will gain a broader knowledge and enhanced skill-set required to design and create textile products such as creative costuming, cultural fashion design, and consumer products.





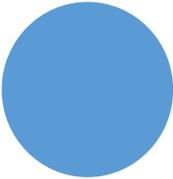
Electives — Arts



40S Textile Arts & Design—Students will get an advanced knowledge and skill-set for developing textile designs such as creative costuming, cultural fashion design, and consumer products.

20S/30S/40S Visual Arts—Students will learn to explore and improve their individual artistic skills using a variety of methods, variations, and mediums of art techniques. Aboriginal culture, art, and design is a major focus.





Electives — Graphic Arts



20G Graphic Communication & Technologies—Students will learn how to use photoshop to develop detailed media designs such as posters, cover sleeves for games and movies.

20G Drafting Design Technology—Students will learn how to use and manipulate autocad to fabricate designs and building plans. This will help them to build accurate prototypes. They will also learn basic drafting skills.

40S Cinema As A Witness To Modern History—Students will examine history by looking at films and determine fact from fiction. They will be able to identify propaganda and whether or not what is being portrayed is historically accurate through a research project.

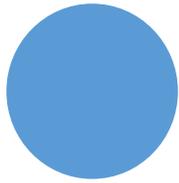
25S Digital Film—Students can expect to learn the basics of film making techniques and camera usage. They will develop video editing skills as well as photography skills.



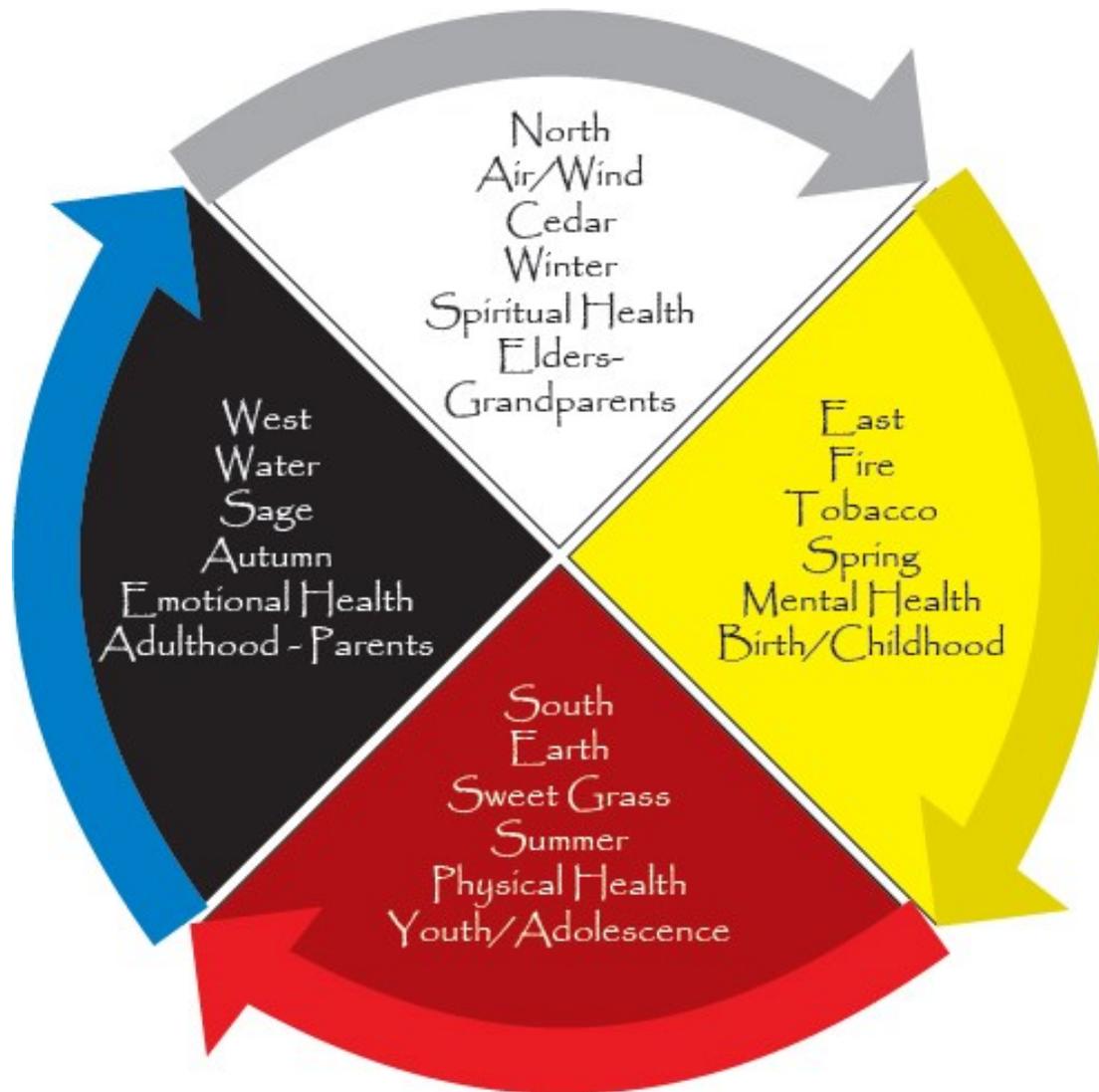
Electives — Canadian Law



40S Canadian Law—Students will take an in-depth look at how the provincial and federal governments operate, as well as exploring the First Nation Self-Governance system. They will then examine the traditional government model, and how First Nations people are affected within the Canadian Government.



Electives — Native Wellness



21G Native Wellness—Students will look to explore and understand the 4 components of wellness—physical, mental, emotional, and spiritual. The class also looks to examine wellness through a First Nations perspective.



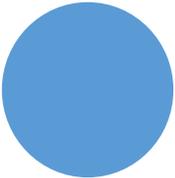


Electives — Foods & Nutrition



20G Foods & Nutrition—Students can expect to learn basic knowledge of identifying nutrition, meal planning, and cooking basic recipes. They also look at the digestive system and learn how food travels through the body.

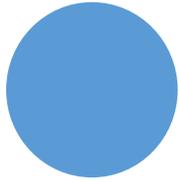
30G Foods & Nutrition—Students will take an in-depth look at the economic factors of the course. They take into account budgeting, meal planning based on diet preferences and nutrition deficiencies, and agricultural sustainability. With this learned information, they will then plan and cook a full-course meal.



Electives — Life/Work Transition



40S Life/Work Transition—Students enrolled in this course can expect to learn some valuable life tools to help them along their path. Students will learn how to build detailed resumes and cover letters, and will go through mock interviews to help prepare them. The course also focuses on budgeting, and how to find affordable rental options within that budget. It also focuses on mental wellness, and takes a look at healthy ways to cope, as well as healthy eating habits. Students will also learn the basics of starting up or owning a small business, and will be taught the basics to help them be successful.



Expectations/Loss of Privileges

For the safety and well being of all ,students are required to meet the expectations of Southeast Collegiate while in attendance.

Students who do not meet these expectations will lose privileges.

These privileges range from loss of allowance to losing sign out privileges.

Students must adhere to the rules and expectations of Southeast Collegiate, failure to follow these may result in your student being sent home.

The Director/Principal works with all students to ensure they fully understand how their behavior impacts their educational plans.

Students attending Southeast Collegiate should be focussed on Education. Failure to attend scheduled classes may also result in a student being removed from the facility.

Parents we need you to speak to your student to ensure that they fully understand the expectations, and when these are broken, we will call or send letters home informing you.



Student Expectations

Southeast Collegiate

STUDENT EXPECTATIONS

- ◆ Be Respectful to staff and students at all times
- ◆ No foul or abusive language to staff or fellow students
- ◆ Leaving SEC property without authorization, while on the Loss of Privilege list
- ◆ Attend classes as scheduled
- ◆ Skipping two or more classes in a week
- ◆ Do not sleep in
- ◆ Maintain your grades above 60%.
- ◆ Do your share of common chores to keep our home clean and tidy.
- ◆ Keep your room clean.
- ◆ Do not go MIA, missing for more than 3 hourly safety checks in a day.
- ◆ Do not go AWOL. (absent without leave)
- ◆ No going into dorm rooms of any one to whom that you are romantically involved with.
- ◆ No smoking cigarettes inside school or lodge
- ◆ Being under the influence of alcohol, bringing alcohol on SEC property
- ◆ Being under the influence of drugs or narcotics, and having drugs or narcotics on your person
- ◆ No Fighting
- ◆ No Vandalism or property damage
- ◆ Curfew Violations

Loss Of Privilege

Loss of Privilege

- ◆ ****Be Respectful to staff and students at all times (Being Rude 1 Day)**
- ◆ ****No foul or abusive language (excessive foul or abusive language 1 Day)**
- ◆ ****Leaving SEC property without authorization, while on the Loss of Privilege list (add 1 Day)**
- ◆ **Attend classes as scheduled (if you are late or miss more than 6 classes **loss of allowance**)**
- ◆ **Skipping two or more classes in a week (**Loss of allowance**)**
- ◆ **Refuse to Wake (if you refuse to wake, **4 days LOP, twice in one week loss of allowance**)**
- ◆ **Maintain your grades above 60%. (if not, you must attend academic class . If you are on the list, **you lose the sign out privileges for 7 days: Friday-Thursday**, but you can participate in recreation activities)**
- ◆ **Do your share of common chores to keep our home clean and tidy. (If you refuse to do your daily common chores by 9:00 PM, you will lose the privilege to participate in recreation the next day, if this happens twice in one week, (**Lose allowance**)**
- ◆ **Keep your room clean. (If students do not complete their room cleaning, they will not be allowed to sign-out or go on recreation. (**This will stay in place until the task is completed**)**
- ◆ ****Do not go MIA, missing for more than 3 safety check in a day. (**1 day of LOP**) will also result in **Loss of allowance**)**
- ◆ **Don't leave the property " After Hours", when the doors are closed for the night.(**Will speak to the D/P**)**
- ◆ ****Do not go AWOL, (**4 days and lose allowance**)**
- ◆ ****No going into dorm rooms of any one to whom that you are romantically involved with. (**4 days and lose allowance**)**
- ◆ ****No smoking cigarettes inside school or lodge (**4 days and lose allowance**)**
- ◆ ****Being under the influence of alcohol, bringing alcohol on SEC property (**4 days and lose allowance**)**
- ◆ ****Being under the influence of drugs or narcotics, and having drugs or narcotics on your person (**4 days and lose allowance**)**
- ◆ ****No Fighting (**4 days and lose allowance**)**
- ◆ ****No Vandalism or property damage (**4 days and lose allowance and may have to work off damage costs**)**
- ◆ ****Curfew Violations (**Will be speaking to D/P**)**

****If you are on Loss of Privilege and/or Academic List, you will not be allowed to participate in any Recreational activities off SEC property. Students are still allowed to participate in onsite activities****

****Parents can also administer additional loss of privileges, as well as remove waivers****

Strategic Planning

SOUTHEAST COLLEGIATE STRATEGIC PLAN

2019
-
2024

VISION

Southeast Collegiate's students are the heart of everything we do, experiencing education that positively impacts their future.

MISSION

Southeast Collegiate provides community driven education by engaging our leaders of tomorrow mentally, emotionally, spiritually and physically.

Strategic Planning

OUR CORE VALUES



Bravery
We will be courageous in the light of uncertainty, be strong and persevere.



Truth
We will be true to ourselves, our goals and our aspirations.



Wisdom
We will nurture knowledge that can be shared amongst all generations.



Humility
We are humble, we do not believe we are better than others.



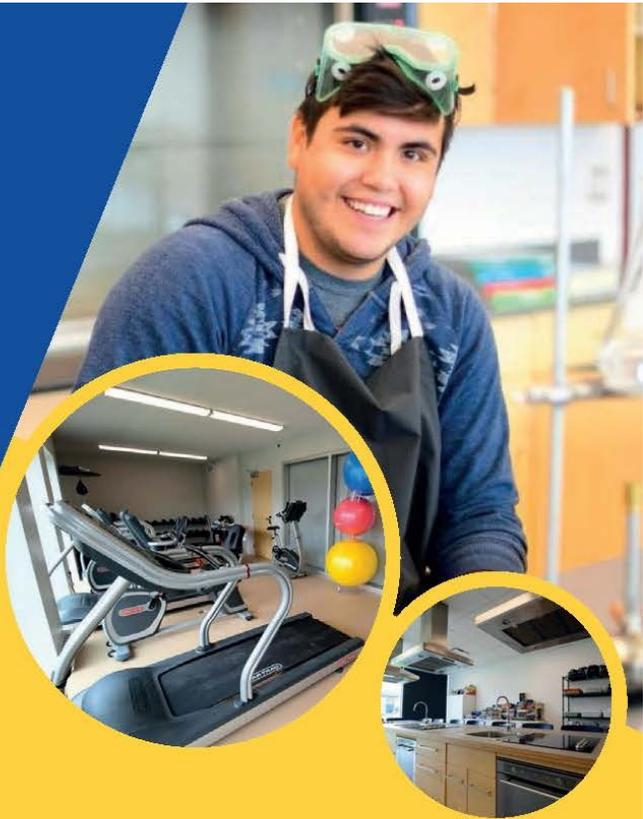
Respect
We will have regard for the feelings, wishes, rights & traditions of everyone.



Love
We will show compassion, empathy and kindness.



Honesty
We act with integrity and value the importance of truthfulness.



Strategic Directions

		GOAL 1	GOAL 2	GOAL 3	GOAL 4
LEARNING	SEC will create a learning environment for every student, so they can reach their full academic potential.	We will ensure our students have every opportunity to succeed through a strong academic foundation.	We will ensure that support services are in place to allow our students to grow into confident and successful individuals.	We will ensure our curriculum meets or exceeds the national standards.	
PHYSICAL	SEC is committed to the investment in our resources and facilities, ensuring the highest of standard of education is available for our students.	Maintain and grow a solid Governance structure over the decision making and risk management of our operations.	Attract, develop and retain the highest quality of Staff committed to the success of our students.	Implement an effective marketing practice to showcase SEC to our prospective students and partners.	Provide a respectful, safe and growing environment.
SOCIAL	Maintain an environment that enables our students to enhance key life skills, personal growth and cultural knowledge.	A culturally respectful institution inclusive of all our students and staff.	Foster and grow opportunities that will allow our students to be inclusive to our surrounding community.	Provide life skills for personal growth and development.	

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