

Southeast Collegiate Newsletter



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Spirit Week Fun

To kick off the last few days of classes before exam week, we celebrated spirit week! On Wednesday morning and Thursday afternoon the students got to enjoy several different activities such as floor hockey, cooking, and games. On Friday we had teachers vs students dodgeball competition, winners got to pie the losing team in the face. Students won, of course!



Nolton Beardy and Benjiman Keno playing connect 4



Students enjoying some yummy cooking



Having fun with floor hockey



Brocky Pascal doing some painting



Dodgeball fun!!



Precious Knott and Damian Baxter rolling cookies



Students getting ready to pie the staff



Staff with pie in their face!

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Skills Canada

The entire school got to visit the Skills Canada Competition at the Convention Centre. Students were able to explore skilled trades and careers through hands on activities and through observing competitors in their areas of specialty.



Deeroy McDougall tries some soldering



Madison Munroe trying out eyelash extensions



Dallas Bouchie trying some beading



Nattie Wood and Miriah Beardy ready to try some trades!



Kylene Mason, Jamie Mason, Aislynn Harper and Sherman Douglas had a great time!



Ms. Elder, Deeroy McDougall and Madison Munroe suited up with their creations from the welding try-a-trade

Suit Up

Graduates had the opportunity to pick out their grad suit through Suit Up Winnipeg. They were given a full outfit to keep including a shirt, jacket, pants, and tie. Thank you to Suit Up Winnipeg for helping our grad to look so sharp!



Nathan McDougall, Ajay Harper, and Evan Harper enjoying their new look!



Jonathan McDougall tries on some different options



Nathan McDougall and Ajay Harper had a tonne of ties to choose from!

Fun Friday in Math

To reward students for working hard in math, and to celebrate the beautiful weather, the Essentials and Applied Math classes have been joining Physical Education classes and playing games outdoors. Together we played games like Bump, Olly-Olly-Octopus, Bear-Bug-Frog and more.



Jamie Mason and Jenelle Cook enjoying the sunshine



Phoenix Bear and Dallas Bouchie enjoy getting up and moving!



Darcy Harper, Christian Keno, and Todd Monias enjoy the fresh air

Mortgage Specialist Presentation

Luke Meadows-Birch, a Mortgage Specialist at RBC, came to speak with Essentials 40S students about home ownership. He talked about the 5 C's of getting approved for a mortgage, shared resources about special programs for First Nations first time home buyers, and answered questions that students had about home ownership. Students prepared excellent questions and were very respectful and welcoming to our guest speaker!



Students listening to the presentation and preparing some excellent questions!



Conrad Little, Kristopher Trout, Nathan McDougall, Evan Harper, Andrew Knott, Julien Wood, Harmony Monias, Falene Munroe, Marcie Harper, Jasmine Monias, Nicholas Hudson, Luke Meadows-Birch, Ms Elder, and Autumn Mitchell after a successful presentation.

Stations Lab

Students in the Grade 10 Science class got to try multiple different kinds of reactions in the Stations Lab. It included a Copper Hydroxide precipitation, decomposition of Hydrogen Peroxide, and a big bang finale with Hydrogen gas! This was part of their exploration of the classification of different reaction types.



Justice Monias carefully observes the reaction



Rayne Leveque and Phoenix Leveque measure the sample



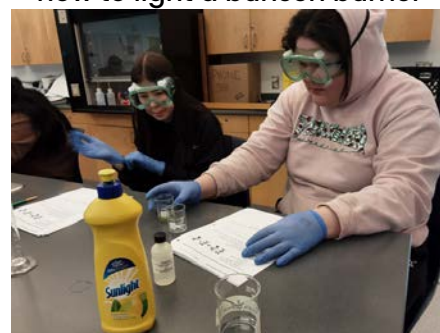
Mr. Strong shows Justice Monias how to light a bunsen burner



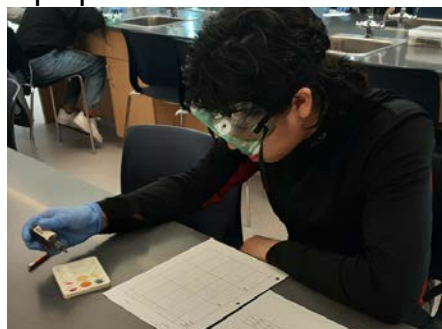
Elias Kent and Jazleen Redhead prepare for the next reaction



Teisha Flett and Nolton Beardy take notes about the sample



Summer Semple and Emma Flett read the instructions first!



Kevin Semple adds an indicator to his well plate



Wabathe Linklater and Summer Harper record results

Indicator Lab

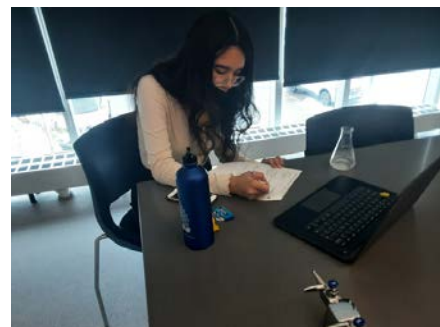
The Grade 10 students explored some of the most widely recognised tools in chemistry: indicators! They learned that each reacts differently in acids, bases, and neutral solutions.

Make Up Labs

Labs are so integral to the science experience that students are given the opportunity to try labs that they missed!



Christian Keno waits for his filtration to finish



Precious Knott records her observations

Soaring Eagles Cooking Club

Cooking Club has been busy learning new recipes. This month they made poutine, jello cake, and bannock!



Dallas Bouchie and Tashina Courchene mix their batter



Justice Monias working in the kitchen



Elias Kent, Justice Monias, and Benjamin Keno assemble their poutine



Mitchell Hamilton and Nathan McDougall prepare their cake



Charlie Hudson and Shayla Disbrowe prepare their base



Allana McKay mixes the batter

Farm Field Trip

The Foods and Nutrition students had the opportunity to see the Bruce D. Campbell Farm and Food Discovery Centre. They learned all about where food comes from, and how much work it takes to get it there!



Violet Starr and Benjamin Keno participating in the activity



The students got a tour of the facility!



Students had the opportunity to see exactly what a farm looks like

Basketball Clinic

On May 3, Josh Gandier and Robyn Boulanger, two knowledgeable and accomplished Indigenous basketball players, visited our school to help students develop their basketball skills. Throughout the clinic, students learned about ball handling techniques, game strategies, and prepared for an upcoming 3 on 3 tournament at Manito Ahbee on May long. All participants enjoyed pizza after all of their hard work!



Jordan Flett, Jenelle Cook, Jared Taylor, Josh Gandier, Deeroy McDougall, Jayden Flett, Kendal Bear, Rita Disilva, Ms. Elder, Donovan Kanabee, Jamie Mason, Robyn Boulanger, Allana McKay, and Mr. Shead after a successful clinic!



Students receive some instruction and advice



Students ran some drills for practice

Volleyball Clinic

On May 10 and 11, Ken Bentley, the University of Manitoba Bisons Volleyball Coach, and one of his volleyball players, Olivia, came to Southeast Collegiate to teach our students about volleyball skills. Ken introduced many new and exciting drills to the students, such as "Jungle Ball" where a team has to keep two balls in play. All students enjoyed this opportunity! On the first day, we had 45 students in attendance.



A massive turnout for volleyball!



Students practice their skills



The students listen to valuable insights and instructions



Students practice setting



All of the students were excited to get started!

Yoga in the Classroom

Physiotherapist Kayla Matheson from MFNERC presented to the 40S Essentials Math class to teach the students about quick and easy yoga and exercise moves that they can do during class to improve flexibility and strength! They provided the class with books so we can continue to practice yoga everyday.



Kimberly Moore (OT) and Kayla Matheson (PT) doing yoga with the class



Nicholas Hudson and his classmates trying yoga

Fort Whyte PCL Site Field Trip

On May 11 the students from the Business Management 40S class visited a PCL construction site at Fort Whyte Alive. Angus Wood, Conrad Little, Ajay Harper, Jonathan McDougall, and Sherman Douglas started the site tour with a safety orientation from the safety coordinator, David Hysop. David then gave us a tour of the site that will include a 2 story Adventure Centre building and a pedestrian bridge across the lake. Students also met the site superintendence Ragib Duric who shared his career story and gave more detail about all the planning that goes into a construction project.



Students were taken on a guided tour of the site



Students in their PPE observe the construction



Angus Wood and Johnathan McDougall listen to the presenter

Agri-Science Day at Fort Whyte

The Climate Change Warriors went to Fort Whyte for the Agri-Science Day. The students participated in multiple themed stations, asked experts questions about their fields, and enjoyed a beautiful day outside!



Billy Harper participates in an experiment. Picture by Brocky Pascal



Bret Harper and Blake Pascal listen to the presenter and ask questions. Picture by Brocky Pascal

Water Monitoring on the Seine River

The Grade 10 Science class had the opportunity to join Katrina Froese from Fort Whyte alive to do some water monitoring! The students collected samples from the Seine River, tested it for clarity and temperature, and performed a number of chemical tests on the samples.



Summer Harper, Nolton Beardy, Wabathee Linklater, and Teisha Flett run an indicator test



Elias Kent, Phoenix Leveque, and Justice Monias set up the water trap to obtain a sample



Ellery Flett, Christopher Harper, Aislynn Harper, Kevin Semple, and Precious Knott try the test

Climate Change Warrior Wind Up

The Climate Change Warriors met one last time to celebrate and reflect on all of the things that they learned. Students participated in a scavenger hunt, made a memory poster, enjoyed pizza and took home photos and sustainable gifts. We had 23 Climate Change Warriors in total!



Jayden Flett, Mr Strong, Quaid McDougall, Trisha Dunsford, Precious Knott, Damian Baxter, Brocky Pascal, Sherman Douglas, Bret Harper, Tristan Owen, Raniel Harper, Billy Harper, Falene Munroe, Kylene Mason, Aislynn Harper, Jamie Mason, Keneen Wood, Ms Elder, and Justice Monias



Trisha Dunsford and Billy Harper excited to eat pizza!



Brocky Pascal, Kylene Mason, Jamie Mason, Aislynn Harper, and Keeneen Wood working as a team

Visual Arts

The students in the grade 11 Visual Arts course completed several projects during the month of May. They made miniature drums, dreamcatchers and did some soapstone carving.



Beautiful soapstone carving art from Jamie Mason, Quaid McDougall, Kiera Hill, John Hastings, Kreaune Boucher & Bret Harper



Kierrah Andrews and Karissa Andrews carving their soapstones



Brocky Pascal with his beautiful dreamcatcher



Sylvia Semple carving her soapstone



John Hastings with his dreamcatcher



John Hastings with his mini-drum



Kreaune Boucher with her mini-drum



Bret Harper, Jamie Mason and Quaid McDougall carving their soapstones

RECREATION

May was a busy and fun-filled month! We hosted pool tournaments and beading sessions, and Spirit North was kind enough to set up traditional games for us to play on campus! The fun continued off campus with a record, 46 students going to see the new *Mario* movie in theaters. We visited the University of Manitoba for a class on botany and beading, went to the batting cages to practice baseball skills, and thanks to the generosity of MKO, many students were able to attend the Manito Ahbee Pow Wow, where they had the chance to check out the incredible markets and traditional practices. That's not all, students were able to go to Thunder Rapids where they took part and unlimited go-kart races, mini golf batting cages, and water balloons! Lastly, students went to Birds Hill Provincial Park where they had the opportunity to swim, hike, participate in volleyball tournaments, and have a picnic. Finally, to bring the month to a close, students went to the theatre to watch *Guardians of the Galaxy Vol 3!*



Nathan McDougall, Kevin Semple, John Hastings & Jasmine Monias enjoying weiner roasting



Students trying some leg wrestling



Precious Knott, Bocky Pascal & Kadence Keesic making some tie dye projects



Benjiman Keno and Tristan Owen playing traditional Inuit games



Jordan Harper doing some beading



students having fun with inflatable bubble soccer



Students having fun with bumper boats at Speed World



Edwin Flett ready to race at Speed World



Precious Knott, Damian Baxter, John Hastings & Jasmine Monias at Manito Ahbee