

# Southeast Collegiate



## Newsletter



January/February  
2024

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### Student Chief and Council

Student Chief and Council combined *I Love to Read Month* and *Pink Shirt Day* (anti bullying initiative) to inspire our activities: Bookmark Making, watching a book-based movie, a reading cafe, creating new pink shirt designs, beading with Eagle Urban Transition Centre, and a story station where students could be read to by staff!



Roselyn Mason making a mini beaded headdress



Eagle Urban Transition Centre brought a great beading activity!



Ms. Bezdek reading Charlotte's Web to students.



Students watching movies based on books in Ms. Fields's room.

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## Robotics

A group of students had the opportunity to learn about coding and robotics from First Peoples' Development Inc.'s robotics program. They build their own robots to solve various tasks, programming them to pick up cups, run circuits, and complete challenges.



Fore McKay works on her robot.  
Photo by Phoenix Bear



Kevin Semple tests his robot.  
Photo by Phoenix Bear

## Tea with Auntie

Gabrielle Glowatsky, Cultural Service Provider, shared her knowledge about various traditional medicines that have a historical and continuing cultural value to the spirit, physical, and emotional well-being of native peoples. After she taught us about all the different teas and their healing purposes, we were all able to create our own cup of tea! We enjoyed our hot cup of tea with some bannock and jam, shared stories and knowledge, and had a smudge. It was a very healing experience, enjoyed by all!



Students enjoyed making their own teas



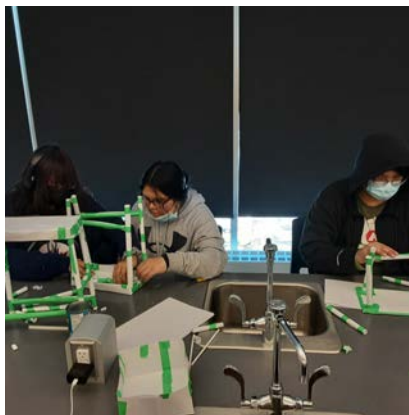
Gabrielle Glowatsky sharing her knowledge with the group



A wide variety of medicines were shared

## Paper Towers

The Grade 10 Science class was given an engineering challenge: hold a tin of food up as high as possible using only paper and tape. They competed to make the tallest tower, some of the towers were more than a metre tall! Students had hands on learning about the physics of structure and the design process.



Daveigh Monias, Dana Harper, and Brooklyn Spence build their winning tower.



Nia Nattaway and Roselyn Mason assemble their tower

## Dry Ice

Bill Smith from the SEC Kitchen brought by some dry ice for the students to experiment with. They learned more about the supercooled solid as they experienced its rapid reaction to hot water, the density of the vapour it produces, and how it interacts with candles and flame. The students had a great time with the scientific magic show!



Students were enthralled by the dry ice's reaction to water, the vapour covered most of the bench!



Triss Dunsford asks Mr. Strong questions about what would happen in different scenarios

## Copper Cycle

The grade 11 Chemistry class performed a copper cycle lab: using various solvents and reactants to change copper into different chemical forms, then regenerate the original copper. Students learned about many lab processes, as well as the concepts of yield and production chemistry.



Copper Hydroxide falls out of solution as a blue gel!  
Picture by Wabathe Linklater



George Owens and Jolene Hudson carefully add the next reagent.  
Photo by Rayne Leveque

## Study Night

A study night was hosted by Educational Assistants and Teachers who stayed into the evening to help students in a variety of topics and classes to catch up, study, and get themselves ready for the exam season. Snacks and drinks were provided by the kitchen. The event saw a great turnout and students said they would love to do it again!



Ms. Elder helps a group of math students catch up on their assignments



Ms. Melnick helping John Starr with his work



There were so many students attending that they were spilling into the Grand Hall!

## Mini Drum Making

Southeast Collegiate partnered with Eagle Urban Transition Centre to bring Blane Harris and Bella Williams in to host a mini drum making workshop. Students covered recycled cans to make mini model drums over the afternoon.



Many students were interested in participating and learning.



Billy Harper shows off the final product.



Beyonka Kakegamic, Marcie Harper, and Summer Harper working on their craft

# Change Master Challenge

To ease students back into the learning mindset, Essentials Math students took part in the Change Master Challenge. Either in teams or individually, students were challenged to visit 4 stores and buy something, making change for each item. The students who calculated their change correctly, faster than any other group or individual received a prize! Students worked hard and enjoyed thinking quickly and using play money.



Deidre Wood and Aislynn Harper calculating how much change they will get back.



Jada Monias recording as Javis Wood makes change.



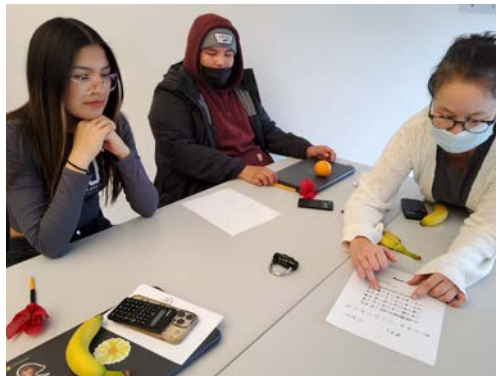
Bret Harper and Quaid McDougall posing with their prizes from the Change Master Challenge.

# Math Escape Room

To welcome students into their new courses and get them thinking in teams, the grade 11 and 12 Essential Math classes were challenged to escape four rooms to win a gold medal. Groups worked hard to recall the pythagorean theorem and order of mathematical operations, getting to know one another and working together to escape!



Clayton Keno, Bryce Bouchie, Waylon Harper, and Davion McPherson were the first group to escape!



Justice Harper, Keenen Wood, and Ms. Menick are working hard to read the hieroglyphics



Roselynn Mason, Brook Spence, Cherilyn McDougall, and Dana Harper are determined to calculate a solution

## RRC Open House

A group of grads went to the Red River College Polytechnic Open House. They explored the various programs and clubs offered on campus. They participated in campus tours, and enjoyed some bannock in the Indigenous Student Centre!



Jolene Hudson, Kylene Mason, and Leah Taylor enjoying bannock in the Indigenous Student Centre



Billy Okemow, Brett Harper, Billy Harper, Leah Taylor, Jolene Hudson, Rose McDougall, Harmony Monias, Jayden Flett, Kylene Mason, Donovan Kanabee, Nicholas Hudson, and Buddy Flett at the Red River College Open House

## U of M Open House

A group of grads attended the University of Manitoba Open House. They participated in campus and residence tours, heard presentations, and asked questions during the department symposium. They got lots of program information and university swag!



Deidre Wood, Buddy Flett, Raniel Harper, Kevin Semple, Madison Munroe, Jayden Flett, Julian Wood, Falene Munroe, Marcie Harper, Mrs. Toews, Jenelle Cook, Jamie Mason, Delaney Evans, Nicholas Hudson with Jesse Macgregor from Post Secondary Club

# Festival du Voyageur

Intro to Tourism students had the opportunity to go on a field trip to Festival du Voyageur. An annual winter festival celebrating Francophone and Metis culture in Manitoba. Students had the chance to try frozen maple syrup sticks, see snow sculptures, tour Fort Gibraltar, learn about Metis culture and the fur trade.



Aiden Duck posing with a musket



Learning about traditional ways of preserving food



Jayden Flett with a pelt



Nolton Beardy with his frozen maple syrup stick



Students waiting in line for their maple syrup sticks



Nolton Beardy and Tyrone Mason posing in front of an almost melted snow sculpture



Students in Fort Gibraltar



Kendall Evans and Aaron Fontaine trading goods



Whole class in front of a snow sculpture

## The Alliance for All

TAFA has been growing its membership since the break, providing spaces for 2SLGBTQ+ students and allies to gather. They hosted events like the monthly TAFA Movie Night, Mini Drum Making, and a tie dye session.



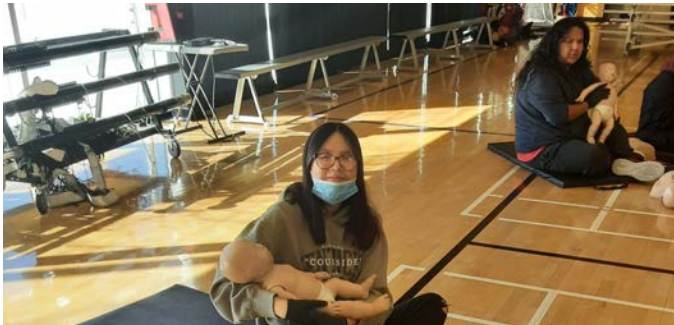
TAFA Movie Night drew their largest crowd yet filled with regulars, new members, and even returning grads!



Summer Harper, Beyonka Kakegamic, Rose McDougall, and Wabathe Linklater showing off their colourful creations.

## IYMP First Aid

The Indigenous Youth Mentorship program through the University of Manitoba hosted First Aid Training for students. Students spent all day learning how to care for bleeding wounds and choking victims. They also learned what to do when seeing signs of stroke and how to properly complete chest compressions.



Tiesha Flett and Billy Harper caring for their first aid dolls



Fore McKay, Buddy Flett, and Summer Harper learning how to save lives



Tashina Courchene, Falene Munroe, Jenelle Cook, Kierrah Andrews, Buddy Flett, Summer Harper, Shane Harper, Wabathe Linklater, Gabrielle Fontaine, Billy Harper and Teisha Flett practicing chest compressions





# Soaring Eagles Cooking Club

This year Southeast's kitchen staff Bill Smith and TJ Starr are helping the students with recipes and kitchen/food safety while other teaching staff are their helpers. The cooking club kicked off by teaching the students proper cutting and knife skills by making and arranging a veggie tray. Next students made Pizza buns to focus on budgeting with food, making a cheap and easy lunch! On Valentine's Day students made a simple sugar cookie recipe to share with friends.



Students prepared a healthy veggie tray!



Bill Smith teaches John Starr how to handle a knife



Students listening to knife safety instructions



Daveigh Monias and Ell Flett ready to cook their pizza buns



Ainsley Pronteau, Dallas Bouchie, and Phoebe Keeper make pizza



The pizza buns were a hit, the club was at capacity!



Marcie Harper assists Summer Harper with the soup



Ms. Elder and Noah Wood prepare some soup



Students learned to make a warm, filling soup recipe!

# Visual & Textile Arts

In the Arts courses, beautiful projects were created: watercolor self-portraits, soap carving, and star blankets, to name a few. For the final exam, the grade 11/12 art students did a paint nite and the grade 10 art students did a recreation drawing using the grid method - the results are stunning!



Ian Owens art piece



Helen Kennedy with her beautiful Star Blanket



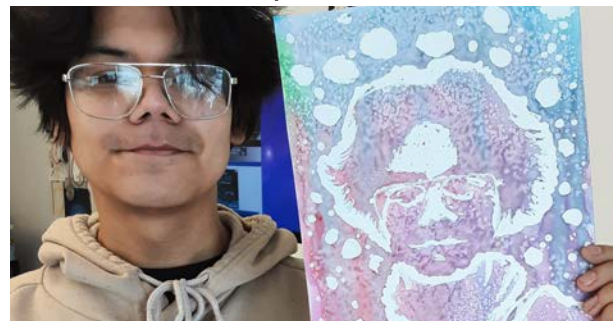
Grade 11/12 Paint Nite!



Marcie Harper's watercolor art piece



John Starr's oil pastel art piece

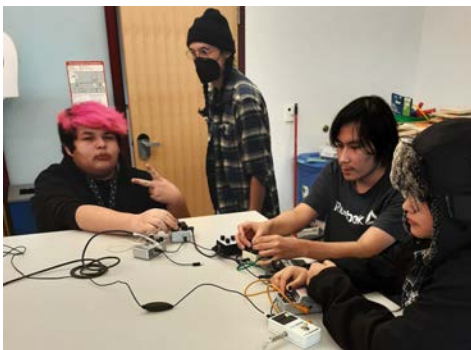


Christian Flett with his watercolor self-portrait



Davion Mcpherson's self-portrait

The grade 10 Visual Arts students participated in a 'Pirate Radio Workshop' led by artist Seth Cardinal Dodginghorse in collaboration with the U of M School of Art. They were introduced to sound and performance art using instruments such as guitars and distortion pedals to create music that was later broadcast on the pirate radios at the U of M. The students later had the chance to see this exhibition during a short field trip to the U of M School of Art Art Gallery.



John Starr, Tyrone Mason, and Karrienne McDougall trying out the distortion pedals with the guest artist



Ian Owens and John Starr playing with the guitar



Tyrone Mason and Karrienne McDougall playing around with the keyboard

# Recreation

Students had a great time with many fun activities! Wesmen and Bison basketball games, skating at the Forks, a hike, axe throwing, and snowshoeing at Fort White Alive, and an outing to Flying Squirrel Trampoline Park! On-campus activities included: Many games of volleyball, slime making, beading, fun Nerf wars with the obstacle course, lego building, bingo, and a paint night while viewing the Taylor Swift: *Eras Tour* concert on the big screen in the gym. Students also made friendship bracelets! Everyone kept busy and had fun making memories despite the cold weather!



Peter Flett takes cover



Students enjoyed the obstacle course in the gym!



Frank Genaille having fun outdoors



Roselyn Mason enjoying the art activity



Jayden Flett hit the mark in axe throwing!



Lyndon Flett enjoying a store run



Watching the Bisons basketball game from the sidelines!



Hayden Cook and Thomas Mason meet the mascot



Kiera McDougall focused on the art activity



Nick Hudson showing off the gift card he won



Arthur McDougall and Thomas Mason enjoying the rink



Harmony Monias and Rose McDougall enjoying some time outdoors



Students enjoy the outdoors with some winter biking!



Keagan Nasee and Benjamin Keno battle over the foam pit



Students got to participate in a public skate



Beading and snacks in the Grand Hall!



Jolene Hudson prepares slime



Fore McKay enjoying the slime



Tristan Owens shows off his Lego creation



Tiesha Flett enjoying the Lego building